

Nichols College

Community Resource Guide

Accessible and inclusive, community resources play a vital role in building stronger, healthier neighborhoods by connecting people to the help they need.





Food Banks

Worcester County Food Bank

474 Boston Turnpike

Shrewsbury, MA 01545

508-842-3663

Mon-Fri 8-4:30

Salvation Army-Citadel Food Pantry

640 Main Street

Worcester, MA 01608

508-756-7191

Wed-Thurs 10-2

Webster-Dudley Food Share Inc Food Pantry

4 Church Street, Suite 2

Webster, MA 01570

508-943-9171

Food Share

79 Elm Street

Southbridge, MA 01550

508-765-5936

10-11:15am Mon-Wed and Fri

Feeding America Find Free Food and Groceries | Feeding America

Project Bread-Food Source Hotline 1-800-645-8333

Food Help Worcester Food Finder | FoodHelpWorcester.org



Housing/Shelters

<u>Catholic Charities Catholic Charities Worcester County – Inspiring a Way Forward (ccworc.org)</u>

10 Hammond Street

Worcester, MA 01610

508-798-0191

Time-8:30-4:30

<u>Dudley Housing Authority dudleyhousing.com</u>

22 Joshua Place

Dudley, MA 01571

508-949-0522

Southbridge Housing Authority

60 Charlton Street, Suite 2

Southbridge, MA 01550

508-764-7273

Webster Housing Authority webster-ma.gov

10 Golden Hts.

Webster, MA 01570

508-943-1634

Housing/Shelters

Greater Worcester Housing Connection (Shelter)

25 Queen Street Worcester, MA 01610 508-757-0103

Capacity: 100 men and 10 women.

Length of Stay: Varies based on client's needs.

Services: Advocacy; counseling; 3 meals/day; clothing; Spanish; handicapped accessible; nurse; doctor visits 2 times a week; day programs; limited transportation services; limited storage; showers available for females.

Restrictions: Must be over the age of 18.

Referral: Must be referred by the Common Ground Resource Center (Common Ground's contact number is 508-620-2690) at SMOC (located at 90 Lincoln St. Framingham, MA 01702).

Rowland's House (Shelter)

57 Mechanic Street Marlboro, MA 01752 508-481-7847

> Capacity: 18 men. Length of Stay: 60 days.

Services: Advocacy; counseling (not on site); dinner daily (kitchen facilities available for breakfast & lunch); clothing referrals; storage lockers.

Wait List: No.

Restrictions: Sobriety; must manage own supply of medication; 10 pm curfew.

Referral: Must be referred by the Common Ground Resource Center (Common Ground's contact number is 508-620-2690) at SMOC (located at 90 Lincoln St. Framingham, MA 01702).

Abby's House (Women's Shelter) Empowering Women in Central MA | Abby's House (abbyshouse.org)

52 High Street Worcester, MA 01609 508-756-5486

Veteran's Housing Housing Programs - Veterans Inc.

69 Grove Street Worcester, MA 01605 1-800-482-2565



Clothing

Salvation Army salvationarmyusa.org

120 Main Street

Webster, MA 01570 508-461-5207

Mon-Sat 10-7

Grace Closet Free Clothing in Worcester

(netofcompassion.org)

674 Main Street

Worcester, MA 01610

Wed 1pm-4pm

Andy's Attic Andy's Attic -

Non-Profit Organization, Worcester, Community Service (andysattic.org)

170 Apricot Street

Worcester, MA 01603

508-799-3325 Ext. 50599

Friendly House Friendly House (friendlyhousema.org)

36 Wall Street

Worcester, MA 01604

508-755-4362



WRTA Shuttle Bus

Southbridge MA to Webster MA

Schedule- Scan QR code look at Nichols College line and direction

Bison Shuttle

Hours of the Bison Shuttle

Tuesday and Wednesday: 6pm-9pm

Thursday - Saturday: 9pm-1am

Sunday: 12pm-3pm

Call-774-438-2035 to schedule

Here are some of the places the Bison Shuttle can take you:

Area grocery stores, pharmacies or Target when you are running low on necessities

Trips to the Shoppes at Blackstone Valley and Cinema de Lux in Millbury

Worcester Union Station and Boston Logan Airport before and after campus breaks

Special weekend trips to locations such as Wrentham Outlets, Patriot Place, Providence and more!

The Bison Shuttle on normal operating hours travels within 15 miles of campus.



Medication

Good Rx

Helps with savings on medication Scan QR code to access website



Patient Help Network

Helps finds programs that can offer medication assistance Scan QR code to access website



Additional Resources

Worcester Community Action Council

Education & Social Services - Worcester Community Action Council (wcac.net)

18 Chestnut Street, Suite 500 Worcester, MA 01608

Planned Parenthood

Birth Control, STD Testing & Abortion - Worcester, MA (plannedparenthood.org)

470 Pleasant Street

Worcester, MA 01609

508-854-3300

8-7 Mon, Wed, Thurs

8-4 Tues and Fri

8-1:30 Sat

Family Health Center of Worcester

Home - Family Health Center of Worcester (fhcw.org)

26 Queen Street

Worcester, MA 01610

508-860-7700