

EARNING REWARDS JUST GOT EASIER

Now there are even more ways to earn up to \$400 in rewards!

Updates to the **ahealthyme** Rewards program make it easier than ever for you to earn points. Watch your points add up, which you can use for rewards* when you track your steps, improve your sleep and mental well-being, or learn about nutrition, finances, and more.



EARN MORE POINTS WHEN YOU:



Complete a tobacco-free agreement—new for 2024!



Set a well-being goal – now 500 points



Set your personal interests and add a profile picture—now 500 points each



Invite five coworkers to join—now 1,000 points

Ready to reach your personal goals and connect with coworkers through friendly competition?

Get started

Sign in or create an account at ahealthymerewards.com.

Earn up to \$400 in rewards!

*Rewards may be considered a taxable form of income, so you should consult your tax advisor.

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